

Monica Vasquez was born in Miami, FL to Colombian parents. She completed high school in Bogota and moved to Miami, FL to later graduate with a bachelor's degree in Psychology from the University of Miami. The quest for physical healing combined with her passion for knowledge and spiritual development guided her into becoming a Holistic Health Advocate, always learning different techniques and practices that promote wellbeing and integration of the mind, body, and spirit.

In 2012 she became a Usui Reiki Master, as well as an Ordained Minister; simultaneously, she started her path with sacred plant medicine, first as a participant, then a translator, and soon as part of the supporting team. Monica had the opportunity of working with many different sacred plant medicine altars from different traditions and countries; particularly, the work of Taita Nelson Diaz Queta of the Cofan indigenous tribe from Colombia. For four years, she served as his translator and organizer in various cities, having the opportunity of learning the traditional rituals of this community.

Aligning with the sacred medicine of Ayahuasca-Yage and being an advocate of this spiritual path has developed into her mission and a true commitment. In 2018, she accepted the calling to become a disciple of the medicine under the guidance of Taita Hector Ortiz, to learn the traditional ways of the Kamentsa Biya and Inga communities from Putumayo, Colombia.